



St Luke, Swinton Park Rd, Irlams o'th' Height, Salford M6 7WR
 Ss Peter and Paul, Park Road, Pendleton, Salford M6 8JR
 Parish Priest: Canon Michael Cooke (*Vicar General*)
 Assistant Priest: Father Mark Paver (*Vocations Director*)
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Newsletter – 9 July 2023

Fourteenth Sunday in Ordinary Time

Sunday – Fourteenth Sunday in Ordinary Time - *Sea Sunday* -
Special Collection for Stella Maris

Mass at SL & live-streamed Sat 6.30pm & Sun 9.30am
 Masses at SsPP Sun 8am & 11am

Monday – Weekday
 No Mass today

Tuesday – St Benedict, Patron of Europe (Feast)
 Mass at SL & live-streamed 6.30pm

Wednesday – Weekday
 Mass at SL & live-streamed 9.30am

Thursday - Weekday or St Henry
 Rosary at SsPP 6pm; Mass at SsPP 6.30pm

Friday – Weekday or St Camillus de Lellis
 Mass at SL & live-streamed 9.30am

Saturday – St Bonaventure
 Mass at SsPP 12noon
 Reconciliation 12.30-1pm at SsPP; 5.45-6.15pm at SL

Sunday – Fifteenth Sunday in Ordinary Time
 Masses at SL & live-streamed Sat 6.30pm & Sun 9.30am
 Masses at SsPP Sun 8am & 11am

Live-stream: www.facebook.com/ourladyofhopesalford/

Prayers Requested

Sick: All who are sick, especially John McDermottroe

Lately Dead: Alan O'Donnell, Rosemary Horne, Sheila Unwin, Sheila Smith, Oliver Peyton, Ambrosmar Gamotin, David Fallon, Ray Nicholls

Masses Received: Ambrosmar Gamotin (LD), David Fallon (LD), Isobel Lucas (Special Intention), Gail Sinclair, Stephen Lownie, Martine Cleary, Alan Roberts, In honour of Our Lady of Lourdes, John & Bridget Sloyan, Merion & Madge Roberts, All the deceased of the parish, Maureen Roberts (S), Dan Morris (S), Margaret Whittaker (BM), SsPP UCM, Sr Therese Murphy (Profession of Vows), Ray Nicholls (LD)

Diocesan Prayer Cycle: We pray for the parish of St James and All Souls, Salford, for Fr Frankie Mulgrew, their parish priest. We pray for their parish primary school. May they shoulder the Lord's yoke and learn from him.

First Holy Communion: Let us pray for all the children who are celebrating their First Holy Communion in our parish. Sundays 18/25 June, 2 July at St Luke's and 9 July at Ss Peter & Paul's. Help us to guide and support the children who are celebrating this sacrament. God bless them and their families.

Reflections for This Week

I am gentle and humble of heart.

Today's Gospel is an answer to a very simple question: who is this Jesus we follow? What is he like? He tells us himself: he is gentle, and humble of heart. There is a simplicity about this Gospel which speaks very clearly to tired hearts. Indeed, it is often the case that we overlook the simplicity of the Gospel message - which is why it is valuable to be as children, constantly wondering and marvelling at the beauty and fascination of Jesus. How much God must love us: the message of salvation is so easy to receive, the promise is so welcome. This is a Sunday to wallow in the wonder of a God who is 'kind and full of compassion'.

Marriage Matters: 'Yoked' to Him we are not overburdened: A 'yoke' keeps oxen together when carrying a heavy load or ploughing a field. On the day you married, you chose to be 'yoked' together 'till death us do part'. The burdens of life can lower your spirits and create a barrier to intimacy in your relationship. Jesus says: "Stay 'yoked' to me and I will help you, however heavy the load."

Think Vocation: We pray that more men and women will learn from Jesus and discover that the yoke of their vocation is perfectly suited to them and respond with humble, gentle service as priests, deacons and consecrated religious.

Bishop John's Ruby Jubilee

To mark the fortieth anniversary of his ordination to priesthood, Bishop John will be celebrating a special Mass at 3pm on Sunday 16 July in Salford Cathedral. This Mass is open to all members of the diocese, without the need for tickets, and so you are welcome to come along if you wish to do so. There will be some light refreshments (tea/coffee and biscuits) after the Mass, respecting the bishop's wish to keep things simple on this occasion. Let us all keep Bishop John in our prayers as he celebrates this significant anniversary.

World Youth Day

We have three young people from our parish who will be attending the World Youth Day in Lisbon this August. They are going to speak briefly at each of the Masses next weekend and they will also be raising some funds through a raffle. Please support them if you can. Thanks.

Next Week's Newsletter: Liz Connolly

Please send notices before Wednesday
 Email: newsletter@ourladyofhope.org.uk

Parish Notices

Stella Maris: This week is Sea Sunday, when the Church prays for all those who live and work at sea. There will be a second collection for Stella Maris (Apostleship of the Sea), the official maritime welfare agency of the Catholic Church. It provides practical support to seafarers visiting our ports. As it is dependent on voluntary donations, please give generously. For more information about its work, please visit the website:

www.stellamaris.org.uk

Summer Draw: Tickets are now available in the porch at both churches in books of 5 for £2. If you can provide a prize, please sign up on the list in the porch at either church. It is a great help if you can return the counterfoils in an envelope and place in the box in the porch. The draw will take place at the Summer Fair. Thanks for your support! Thanks to parishioners for offering prizes for the Draw, much appreciated. Please hand these into Stewards any time now. Thank you!

Parish Summer Fair: 16 July at 2pm at Ss Peter and Paul. We are now beginning to collect items for the Fair. We need Fancy Goods, bottles, chocolate and books. There is a box at the back of each church for you to place your donations. We also need helpers on the day - tea and coffee makers urgently needed and if you are able to 'float' between stalls on the day that would be really helpful. Please contact Joan on 07787 526972 with offers of help. *Cakes and plants!* If you would like to drop these off early, so you're not rushed, Ss Peter and Paul's Church will be open Saturday, 15 July, 4-5pm. All contributions gratefully accepted! Thank you.

Peter's Pence: Thank you for the £551.91 given in the special collection last weekend, together with £35 given via the Dona machines.

Social and Community Group: Next meeting Monday, 10 July at 7.30pm, Ss Peter and Paul's Church. Final arrangements for Summer Fair. All welcome!

St. Luke's UCM: The next meeting will be on Wednesday 12 July 2023 at 7.00pm in the Parish Centre. All Welcome.

Next Flower Arranging class will be on Wednesday 19 July at Ss Peter & Paul's 1.00pm everybody welcome.

Communion Under Both Kinds - Catechetical Reflection Four

Why receive from the chalice? The Church teaches that the Body, Blood, Soul and Divinity of Christ is present in both the Sacred Host and Precious Blood, and so there is no obligation to receive Holy Communion from the Chalice—in receiving either or both we always receive the "whole" Jesus.

Nevertheless, the Church offers us communion under both kinds to help awaken in us a deeper understanding of what we are doing. By eating and drinking we may come to a fuller sense of being among the Apostles at table to eat and drink with the Lord or standing with Mary and the beloved disciple on Calvary to witness his broken body and outpoured blood on the cross. While it is not necessary to receive under both kinds, it is helpful for our spiritual participation in this great mystery. This idea, of promoting a deeper understanding, explains the teaching of the Church in the Roman Missal, which talks of communion having 'a fuller sign when it takes place under both kinds, for in this form the sign of the Eucharistic banquet is more clearly evident and clearer expression is given to the divine will by which the new and eternal Covenant is ratified in the Blood of the Lord'. Both at the Last Supper, and at our Mass, we hear the words of Jesus: "Take and eat ... take and drink." Our participation in the divine gift of his Body and Blood is more fully evident when we do what he said!

Diocesan Notices

Deanery Synod Holy Hours: Bishop John will lead a Holy Hour for our Diocesan Synod in each Deanery. All are invited to attend any of these times of prayer as we embark on our Diocesan Synod asking the Holy Spirit to enlighten us on this next stage of our journey. The time of prayer will include hymns, silence, scripture, and a reflection from Bishop John on the vision for our Synod. There are two taking place this coming week:

Deanery of St Therese of Lisieux (Bury/Rochdale) - Sunday 9 July, 6-7pm – Sacred Heart Church, Kingsway, Rochdale OL16 5BX
Deanery of Mount Carmel (Oldham) - Wednesday 12 July, 7-8pm – St Patrick's Church, Union Street West, Oldham OL8 1DL

Music Night: Thank you to those who organised or supported the Music for a Summer Evening event last Saturday. A special word of thanks to those who performed; we have some very talented parishioners. The evening raised £360 for parish funds. Much appreciated.

Young Adults Mass: Sunday 9 July, 5.30pm at St Augustine's RC Church, Grosvenor Square, Manchester, M15 6BW. The Diocese of Salford's Youth Ministry Team is delighted to welcome pilgrims attending World Youth Day to its next Young Adults Mass. Fr Joe Gee will preside and preach at the Mass, which will also act as a pre-departure Mass for our World Youth Day pilgrims. All are welcome to attend as we pray for all those joining this year's pilgrimage and gather together for pizza and social time after Mass.

Diocesan Vacancies: For details of any posts please visit:

<https://www.dioceseofsalford.org.uk/news/vacancies/>

Updates from Caritas

Hosting people from Ukraine - free webinar: Join Caritas Salford for a free webinar about the process involved in hosting people from Ukraine. Taking place on Tuesday 11 July from 6-7pm, the online session will also look at how this relates to hosting people from different places seeking safety. Hosting or sponsoring can offer people a chance at and resettlement and positive integration. The session will be a chance to learn more about hosting refugees and you can hear first-hand from current and previous hosts about the impacts and experiences of this. Sign up now here:

<https://www.eventbrite.co.uk/e/hosting-refugees-webinar-tickets-660276513827>

Volunteering opportunities in the local community: Looking to gain new skills or share your skills with others? Could you spare a few hours to volunteer with one of Caritas Salford's services in our local community? You can find out more about the latest volunteering opportunities with the charity, including van driving, supporting on the community allotment and many others, by visiting the website at:

<https://caritas-salford.goassemble.com/opportunities/results>

Compassion - Welcoming Communities: Caritas Salford has produced a toolkit on Welcoming Communities and Compassion. Refugees who use their services have shared what this means to them and what this looks like in action. Take a look at what you can do in your parish or wider community to show your support and help create a more welcoming community for all:

<https://www.caritassalford.org.uk/news/refugee-week-2/>

Financially Supporting Our Parish

Contactless: The Dona machines (card or mobile phone)

Bank Details: TSDT Our Lady of Hope 50317403 20 55 34

Cheques: Payable to Our Lady of Hope

Diocese of Salford Registered Charity 250037